



Outdoor Adventure

City of New Haven
 Department of Parks, Recreation & Trees
 John DeStefano, Jr., Mayor
 Robert D. Levine, Director

**August–October
 2007**

Adventure Outside the Lines

Join us this winter and spring for any of our exciting outdoor adventures. These trips are all open to the general public. Fees are listed as resident or student/non-resident. Children ages 11–15 must be accompanied by a paid adult. For kayaking and canoeing, all boats and safety gear are supplied.

Rock Climbing Clinic

Climb with us to the top of scenic West Rock. Learn to belay in a top-rope system as well as basic techniques for climbing. All essential equipment is provided. **\$50/\$75**

Tue 8/21	Climbing Clinic	10 AM – 3 PM	WRNC
Fri 9/14	Climbing Clinic	10 AM – 3 PM	WRNC

Mountain Biking Clinic

Learn trail riding skills, safety and bike maintenance. Bikes and helmets are provided for those who do not have their own. Children ages 11 and up are welcome on their own. **\$20/\$30**

Wed 8/22	Mtn. Biking Clinic	9 – 11:30 AM	WRNC
Wed 8/22	Mtn. Biking Clinic	12:30 – 3 PM	WRNC

Kayaking Clinic

Learn the essentials of sit-inside kayaking, including paddling techniques, outfitting and rescue. This two-part class begins in the calm confines of Lake Wintergreen in West Rock Ridge State Park and then ventures out into Long Island Sound. All boats and gear are supplied. No matter what your experience level, there is always something more you can learn. **\$75/\$110**

Sun 8/19	Kayaking Clinic A	9 AM – 12 PM	Wintergreen
Sun 8/26	Kayaking Clinic A	10 AM – 12 PM	LHPP
Sun 8/19	Kayaking Clinic B	12:30 – 3:30 PM	Wintergreen
Sun 8/26	Kayaking Clinic B	1 – 3 PM	LHPP
Mon 8/20	Kayaking Clinic C	1 – 4 PM	Wintergreen
Mon 8/27	Kayaking Clinic C	2 – 4 PM	LHPP
Mon 8/20	Kayaking Clinic D	4:30 – 7:30 PM	Wintergreen
Mon 8/27	Kayaking Clinic D	5 – 7 PM	LHPP
Tue 9/4	Kayaking Clinic E	4 – 7 PM	Wintergreen
Tue 9/11	Kayaking Clinic E	5 – 7 PM	LHPP

Full Moon Kayaking Excursion

Experienced paddlers (those who have taken our clinics or demonstrated proficiency) are welcome to join us on our moonlit excursions around New Haven Harbor. **\$50/\$75**

Tue 8/28	Full Moon Kayaking	6:45 – 10:15 PM	LHPP
Tue 9/25	Full Moon Kayaking	6 – 9:30 PM	LHPP

Sit-On-Top Kayaking Basics

This class is geared toward those who may not be comfortable in a sit-inside kayak. We cover paddling and safety, and show you how to re-enter a capsized sit-on-top. **\$50/\$75**

Mon 8/13	Kayaking Basics A	1:30 – 4:30 PM	LHPP
Mon 8/13	Kayaking Basics B	5 – 8 PM	LHPP
Thu 8/23	Kayaking Basics C	10 AM – 1 PM	LHPP
Thu 8/23	Kayaking Basics D	1:30 – 4:30 PM	LHPP
Tue 8/28	Kayaking Basics E	3 – 6 PM	LHPP

Connecticut River Kayaking Trip

Those who have completed our Kayaking Clinic are invited to join us on a full-day excursion down the scenic Connecticut River. We will transport you to and from the river, just bring your own lunch and a waterproof camera! **\$100/\$150**

Sat 9/8	CT River Kayaking	8 AM – 3 PM	Parks Office
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Canoeing Clinic

Spend all day learning everything you need to know about canoeing on beautiful Lake Wintergreen. This ACA Canoeing course covers strokes, safety, gear, rescue and transport. **\$50/\$75**

Fri 8/17	Canoeing Clinic	9 AM – 3 PM	Wintergreen
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New Haven Parks Hike Passport

See the beauty of New Haven through these Ranger-guided hikes. Complete all 21 hikes in the NH Parks Hike Passport and receive a free gift! **FREE**

Wed 9/5	Mill River	12 – 1 PM	Trowbridge
Mon 9/24	West Rock Sunset	6 – 8 PM	WRNC
Fri 10/5	Whitney Peak	12 – 1 PM	Trowbridge

All programs require pre-registration at least two days in advance, even those that are free. Register early to assure your spot. Please contact Ranger Chris Guerette or Ranger Joe Milone at (203) 946-8016.

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<http://cityofnewhaven.com/parks>

