



**YNHH offers many free and discounted commuting and parking options.**

- YNHH pays a 60 percent subsidy up to \$50 for the monthly cost of train or bus passes and vanpools
- Payroll deductions for monthly bus and train tickets, vanpool fares and parking are pre-tax.
- Employees who enroll in YNHH TDM programs will retain seniority in the parking system for three months.
- TDM enrollees are guaranteed a free ride home twice a year to accommodate unforeseen incidents.
- Employees who enroll in a TDM program will receive free permits to park in the 2 Howe Street garage (up to 12 every six months).

**Other advantages to alternate commuting**

- Save gas and money
- Reduce mileage on your personal vehicle
- No more sitting in stressful rush hour traffic
- Avoid the I-95 and Q-Bridge construction

**Contact Information:**  
**YNHH Parking/Transit Office and The Green Bus**

203-688-2623

**YNHH Metropolitan Shuttle:**

203-688-RIDE (7433)

**Rideworks:** Commuter services for New Haven and region with free customized ridematching for bus, train, carpools and vanpools:

1-800-ALL-RIDE (in CT) or

1-203-777-RIDE

[www.rideworks.com](http://www.rideworks.com)

**YNHH Protective Services:**

203-688-2500 (after-hours service)

**YNHH Parking/Transit Office:**

located on the first floor of the East Pavilion 1, behind the cafeteria.

*Visit the YNHH Parking/Transit Office on the YNHH intranet:*

*Click on:*

"Yale-New Haven" ...

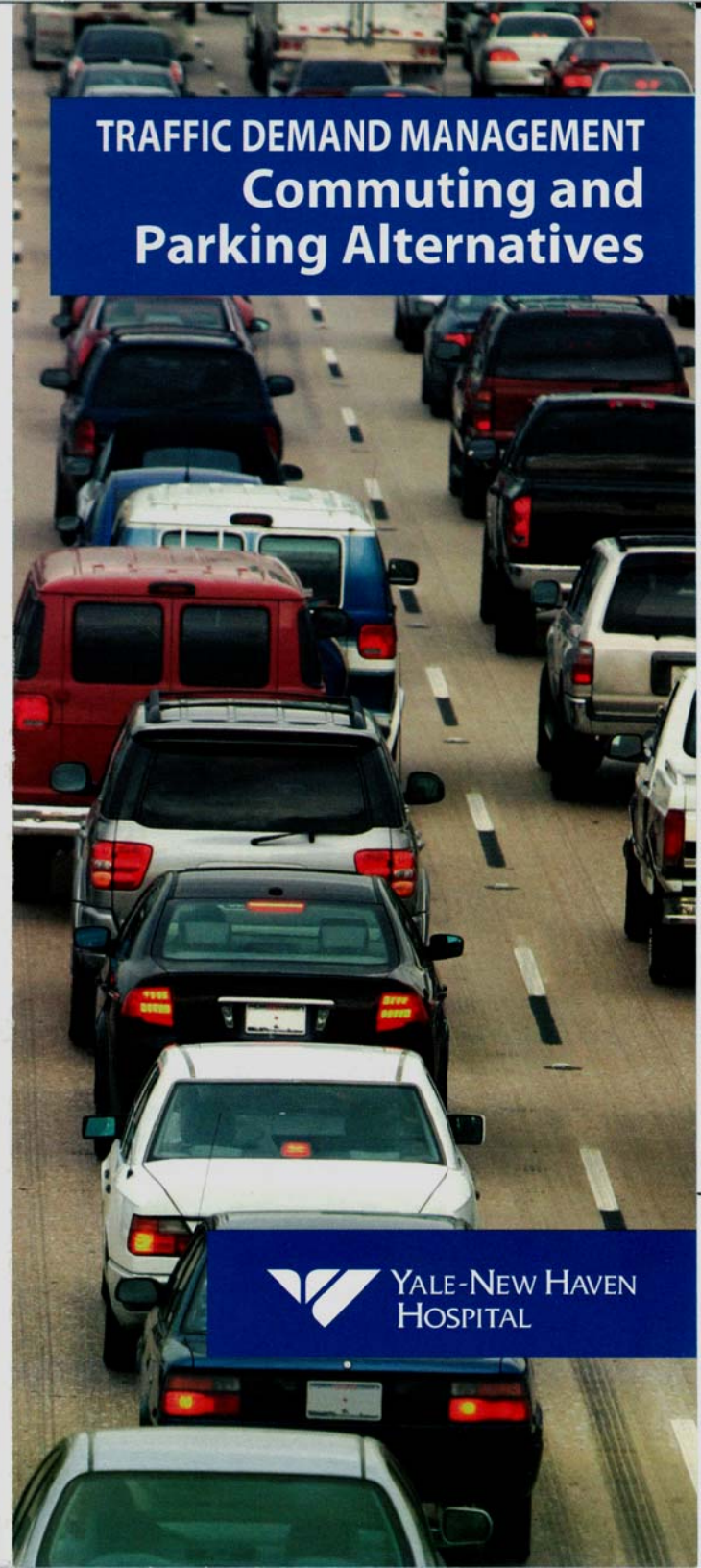
"Departments" ...

"Administrative" ...

"Parking and Transportation"



**Parking/Transit Office**



**TRAFFIC DEMAND MANAGEMENT  
Commuting and  
Parking Alternatives**



## Train Service

### Shore Line East:

1-800-255-7433 or 203-777-7433  
www.shorelineeast.com

#### *New London to New Haven*

Shore Line East monthly ticket holders get four free guaranteed rides per year for emergency (illness, family crisis, having to work late unexpectedly)

- Metro-North, Shore Line East and Amtrak monthly ticket holders receive subsidies and two free parking permits a month at the 2 Howe Street garage



### Metro-North:

1-212-532-4900, www.mta.info/mnr

#### *New York to New Haven*

### Amtrak:

1-800-872-7245, www.amtrak.com

#### *Windsor Locks, Hartford to New Haven*

- Free shuttle from train station to hospital
- Metro-North, Shore Line East and Amtrak monthly ticket holders receive subsidies and two free parking permits a month at the 2 Howe Street garage

## Bus Service

### CTTransit Bus Service

203-624-0151, www.cttransit.com

- Service available throughout the greater New Haven area with convenient YNHH stops
- Express service between Hartford and New Haven with:
  - Convenient and custom pickup locations
  - Direct drop-off near YNHH
- Subsidized monthly bus passes for all employees are available at YNHH Parking/Transit Office



## Vanpooling

- Easy Street vans and mini-vans (www.rideworks.com/rwvp.htm)
- Direct drop-off at YNHH main entrance
- Convenient and custom pickup locations

## Carpooling

- Two or more occupants share one cost; carpools of three park for free (ask for details)
- NuRide reward ridesharing (www.NuRide.com)
- Receive designated parking on level-one in Air Rights Garage

## Park and Ride Commuter Lots

Free YNHH shuttle services are available at each lot.

### Circuit 4:

- West Haven: I-95, Exit 43, First Ave.
- Milford: I-95, Exit 40, Old Gate Lane
- Orange: Route 15, Exit 58, Route 34

### Circuit 5:

- East Haven: I-95, Exit 51, Kimberly Ave.
- Branford: I-95, Exit 55, East Main St.
- Guilford: I-95, Exit 59, Goose Lane

### Circuit 6:

- North Haven/Hamden: I-91, Exit 10 then Exit 1 (Rte. 40), Devine Street East and West lots
- Wallingford, I-91, Exit 13 (Rte 5)



## Shuttle Service

- Free shuttle services for:
  - Yale-New Haven Hospital employees
  - Yale New Haven Health System employees
  - Yale University employees
- New refurbished passenger shuttles, all clearly identified with YNHH logo
- Shuttle operators all pass required drug testing, background check, and possess a valid Connecticut commercial driver's license

## Shuttle Schedule:

### Dwight/Orchard/2 Howe Street Garage

7 days a week: 5 a.m. -1 a.m.

### Train Station:

Weekdays (Mon-Fri): 6:15 a.m. -8 p.m.

*Contact Department of Protective Services at 203-688-2500 for transportation between the hours of 1-4 a.m., weekends and holidays*

## Bike/Walk to Work

- Great exercise
- Secure, dry bicycle storage
- Register for two free parking permits per month at 2 Howe Street garage.



## Motorcycles

Convenient parking in the Air Rights, Howard Avenue and 2 Howe Street garages – sign up in Parking/Transit office

## Telecommuting

This new and exciting option is coming soon.