

New Haven Cessation Programming

CommuniCare (All Tobacco Users)

Contact: Will Brennan, 203-553-7234 ext 17, wbrennan@communicare-ct.org

Services available to any adult with desire to quit smoking in greater New Haven area. Face-to-face counseling in group and individual modalities. Follows Learning About Healthy Living curriculum and best practices from Clinical Practice Guideline's Treating Tobacco Use and Dependence 2008 Update

Currently providing services out of their Willow Street office as well as at Connecticut Mental Health Center, Southern Connecticut State University, The Connection, Crossroads Treatment Center, and starting at University of New Haven in Spring 2015.

Fair Haven Community Health Center (All Tobacco Users)

Contact: Lydia Santiago, 203-777-7411, l.santiago1@fhchc.org

Services available to any adult with desire to quit smoking in greater New Haven area. Need to be a patient of the Fair Haven Community Health Center.

Cornell Scott-Hill Health Center (All Tobacco Users)

Contact: Shaquana Brown, 203-503-3245, sbrown@cornellscott.org

Available to current patients of CS-HHC (any location) who are over 18 and recipients of Husky A, C or D. A Rewards to Quit provider offering financial incentives for people looking to quit.

Yale New Haven Hospital (All Tobacco Users)

Contact: Lisa Fucito, 203-974-5759, lisa.fucito@yale.edu

Services available to any tobacco user looking to quit with current or former treatment in the YNHH system.

YNHH Occupational Health (Employees of City of New Haven)

Contact: Lindsay Malone, 203-500-2237, Lindsay.Malone@ynhh.org

Available to employees of the City of New Haven (or insured spouse/adult dependent or retired)

Yale New Haven Hospital (Employees of YNHH)

Contact: Stacey Lane. 203-789-6256, Stacey.Lane@ynhh.org

Available to all Yale New Haven Health System employees. Utilize "Quit For Life" telephone counseling service.

Being Well at Yale (Employees of Yale)

Contact: Lisa Kimmel, 203-436-5484. Lisa.Kimmel@yale.edu

Provide group cessation as well as coaching with health coaches & RN to all Yale University employees.

Statewide and General Supports:

CT Quitline (All Tobacco Users)

Contact: 1-800-QUIT-NOW

Free telephonic counseling for any tobacco user looking to quit. Available 24/7. Callers are assigned a "Quit Coach" who will help them develop a plan to quit. Quitline will call the user back multiple times to offer support. Free nicotine replacement therapies available (depending on funding).

Online Supports: There are a multitude of websites with behavioral tips, strategies and supports to help people develop motivations to quit, and accomplish their goals. Here are a few:

- www.becomeanex.org
- www.quitnet.com
- www.smokefree.gov

Research/Studies: There are frequent opportunities to participate in current research studies that offer cessation resources to eligible people. For more information on current studies being done through the YNHH system, contact Susan Neveu at 203-974-5768, susan.neveu@yale.edu