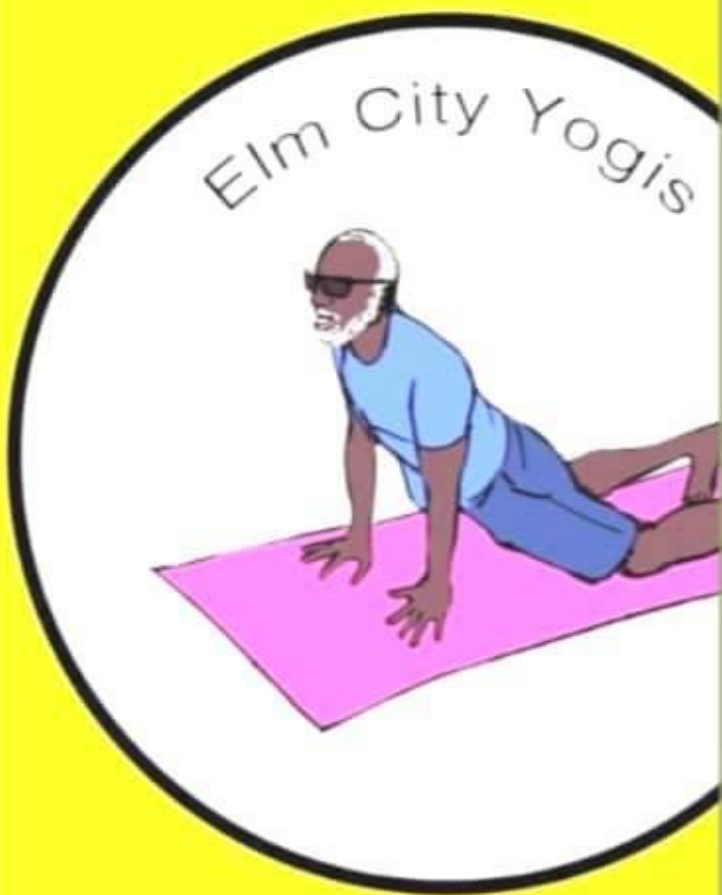




BREATHING ROOM

Yoga in the Neighbourhood with the Elm City Yogis



Breathing Room has partnered with New Haven Youth and Recreation and the Elm City Yogis to offer outdoor Yoga to our Community!

- Mondays - Wilbur Cross High School track 6 PM.
- Tuesdays- Lincoln Bassett school 6 PM.
- Wednesdays - Roberto Clemente School 6 PM.
- Thursdays - Bowen Field track 6 PM
- Sundays - Edgewood Park 12pm



July 6th - August 30th, 2021

breathingroomct.com